

# CASSANDRA CACACE, PHD, LMFT/S

## CURRICULUM VITAE

C: 843-655-3484  
CASSIE.CACACE@CONVERSE.EDU  
GREENVILLE, SOUTH CAROLINA

### EDUCATION

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**May 2023**

**Nova Southeastern University**

Davie, Florida

Ph.D. in Marriage and Family Therapy

Summa Cum Laude Graduate

**July 2019**

**Nova Southeastern University**

Davie, Florida

M.S. in Marriage and Family Therapy

Summa Cum Laude Graduate

**December 2016**

**University of South Carolina**

Columbia, South Carolina

B.A. in Psychology

Summa Cum Laude Graduate

### HONORS AND AWARDS

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**Peace Award**

EMERGE Family Therapy Center & Teaching Clinic

**Greenville, SC**

May 2025

**Community Ally Award**

The Ladies Room SC

**Greenville, SC**

April 2025

### CURRENT POSITIONS

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**Assistant Professor & Community Engagement Director**

Converse University

Department of Marriage and Family Therapy

**Greenville, SC**

2023 – Current

**Palmetto Therapy Connections**

Owner/Private Practice

Licensed Marriage and Family Therapist SC# 7915 and FL# MT4161

**Greenville, SC**

2023 – Current

**TEACHING EXPERIENCE**

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**2024 – 2025 Academic Year, Full-time Faculty****Greenville, SC**Fall 2024*MFS 661: Basic Techniques in the Psychotherapy Interview**MFS 648C: Supervised Clinical Practicum in Marriage and Family Therapy*January 2025*MFS 645: Ethical, Legal, and Professional Issues in MFT*Spring 2025*MFS 635: Advanced Application of Models II**MFS 642: DSM-5 in Marriage and Family Therapy**MFS 648A: Supervised Clinical Practicum in Marriage and Family Therapy**MFS 648E: Supervised Clinical Practicum in Marriage and Family Therapy*Summer 2025*MFS 648B: Supervised Clinical Practicum in Marriage and Family Therapy***2023 – 2024 Academic Year, Full-time Faculty****Greenville, SC**Fall 2023*MFS 661: Basic Techniques in the Psychotherapy Interview**MFS 681: Individual Psychopathology in Family Systems**MFS 648C: Supervised Clinical Practicum in Marriage and Family Therapy*January 2024*MFS 648D: Supervised Clinical Practicum in Marriage and Family Therapy*Spring 2024*MFS 635: Advanced Application of Models II**MFS 648A: Supervised Clinical Practicum in Marriage and Family Therapy**MFS 648E: Supervised Clinical Practicum in Marriage and Family Therapy*Summer 2024*MFS 648B: Supervised Clinical Practicum in Marriage and Family Therapy*

**Graduate Teaching Assistant**

SFTM 5350 Research in Marriage and Family Therapy  
Nova Southeastern University, Dr. Christopher Burnett

**Fort Lauderdale, FL**

January – May 2021

**Graduate Assistant**

COAMFTE Re-accreditation process  
Nova Southeastern University, Dr. Anne Rambo

**Fort Lauderdale, FL**

2019 – 2020

**Graduate Writing Consultant**

Nova Southeastern University Writing Center  
Dr. Kevin Dvorak

**Fort Lauderdale, FL**

2017 – 2019

**SUPERVISION EXPERIENCE**

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**LMFT/S, Qualified Supervisor, South Carolina**

May 2025 – Current

**LMFT/S, Qualified Supervisor, Florida**

March 2025 – Current

**EMERGE Family Therapy Center & Teaching Clinic**

Core Faculty Supervisor

August 2023 – Current

**AAMFT Approved Supervisor**

August 2023 – Current

**AAMFT Approved Supervisor Candidate**

2022 – 2023

Supervised by: Christopher Burnett, Ph.D.

**Supervisor Assistant**

2021 – 2022

Supervised by: Christopher Burnett, Ph.D.

Brief Therapy Institute, Nova Southeastern University

**Graduate Supervisor Assistant**

2019 – 2020

Supervised by: Anne Rambo, Ph.D.

Systemic Change in Schools PROMISE Program, Nova Southeastern University

## RESEARCH EXPERIENCE

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### Dissertation Committee Member

**Spartanburg, SC**

Chair: Dr. John Knipe

April 2024 – Current

Dissertation: Barker, C. (Manuscript in Preparation). The value of emotional intelligence as a leadership tool in mental health. Doctor of Education in Professional Leadership, Converse University.

### Dissertation Committee Member

**Spartanburg, SC**

Chair: Dr. John Knipe

April 2025

Dissertation: Turner, J. C. (2025). Enhancing hospice social work resiliency: Leadership and organizational qualities impacting job persistence and satisfaction. Doctor of Education in Professional Leadership, Converse University.

### Principal Researcher

**Fort Lauderdale, FL**

Chair: Dr. Christopher Burnett

April 2022 – May 2023

Dissertation: Cacace, C. (2023). Band-aid over a bullet hole: Exploring the lived experiences of healthcare workers' couple relationships during Delta variant of COVID-19. Dr. Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University.

### Graduate Research Assistant

**Fort Lauderdale, FL**

Supervisor: Dr. Christopher Burnett

April 2022 – May 2023

### Undergraduate Research Assistant

**Columbia, SC**

Supervisor: Dawn Wilson-King, PhD

May 2015 – Dec 2016

## PRESENTATIONS

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### Community Presentation, Lead Presenter

**Greenville, SC**

*Queer Couples Counseling*

April 2025

Location: The Ladies Room of SC

### Community Presentation, Faculty Supervisor

**Greenville, SC**

*Mental Health Crisis Training for Safe Harbor*

April 2025

Location: University Center of Greenville

### AAMFT Systemic Conference

**Orlando, FL**

*LGBTQIA+ Advocacy: Systemic Approaches for Change*

November 2024

Co-presentation with Dr. Evan Thomas

**Guest Lecturer**

*Bowen Systems Theory in Clinical Practice*

SFTM 5322 Clinical Practice in MFT, Nova Southeastern University,  
Dr. Anne Rambo

**Remote**

April 2024

**Guest Lecturer**

*Bowen Systems Theory in Clinical Practice*

SFTM 5322 Clinical Practice in MFT,  
Nova Southeastern University, Dr. Anne Rambo

**Remote**

September 2024

**Western PA Family Center Conference**

*Emotional Electricity: Applying Bowen's theory to American Healthcare*

**Remote**

September 2024

**Dissertation Defense**

*Band-aid over a bullet hole: Exploring the lived experiences of healthcare workers' couple relationships during Delta variant of COVID-19*

**Fort Lauderdale, FL**

April 2023

**Western PA Family Center Conference**

*Applying Bowen Natural Systems Theory to American Healthcare during COVID-19*

**Remote**

September 2022

**Guest Lecturer**

*Bowen Systems Theory in Clinical Practice*

SFTM 5322 Clinical Practice in MFT, Nova Southeastern University  
Dr. Anne Rambo

**Remote**

April 2022

**Dissertation Proposal**

*Band-aid over a bullet hole: Exploring the lived experiences of healthcare workers' couple relationships during Delta variant of COVID-19*

**Fort Lauderdale, FL**

April 2022

**Community Presentation**

*Panic Attack De-escalation for Teachers*

Location: Renaissance Charter School at Plantation

**Plantation, FL**

April 2022

**Solution Focused Brief Therapy Association Conference**

*Utilizing SFBT Compliments and the Power of Intentional  
language in School-based Settings*

**Remote**

September 2021

**Guest Lecturer**

*The Art of Asking Research Questions*

SFTM 5350 Research in MFT, Nova Southeastern University  
Dr. Christopher Burnett

**Fort Lauderdale, FL**

April 2021

**Guest Lecturer**

*Therapy with Young Adults*

SFTM 5335 Human Development Across the Lifespan,  
Nova Southeastern University, Dr. Anne Rambo

**Remote**

June 2020

**Guest Lecturer**

*Introduction to Family Art Therapy*

SFTM 6530 Fundamentals of Teaching MFT, Nova Southeastern University  
Dr. Christine Beliard

**Remote**

June 2020

**Guest Lecturer**

*Department Disconnect: Consulting in a Hospital System*

SFTM 6530 Family Therapy Topics: Organizational Consulting,  
Nova Southeastern University, Dr. Christopher Burnett

**Remote**

May 2020

**Co-Presenter**

*Stress Reduction in a Time of Pandemic*

Online Support for Students, Nova Southeastern University,  
Dr. Anne Rambo

**Remote**

April 2020

**Graduate Student Presenter**

*Introduction to Medical Family Therapy*

Health Professions Open House, Nova Southeastern University  
Dr. Arlene Gordon & Dr. Anne Rambo

**Fort Lauderdale, FL**

August 2020

**Guest Lecturer**

*Adolescent Development: Identity, Relationship, & Culture*  
Undergraduate Developmental Psychology, Broward College,  
Dr. Ronie Gomes

**Fort Lauderdale, FL**

May 2019

**Southeastern Writing Center Association Conference**

*Emotional Intelligence in the Writing Center*

**Myrtle Beach, SC**

March 2019

**PUBLICATIONS**

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Watters, E., Fontus, F., & **Cacace, C.** (Manuscript in Preparation). Developmental considerations in trauma-informed relational therapy. In Georgiadou, S. & Notice, M (Eds) *Trauma-informed approaches in relational therapy: Interventions and applications*. Springer Publishing.

**Cacace, C.** (2024, May 2). Mental Health Awareness Month. *Sasee Magazine*, 23(5), 14 – 15.

**Cacace, C.** (2023). Band-aid over a bullet hole: Exploring the lived experiences of healthcare workers' couple relationships during Delta variant of COVID-19. Dr. Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University.

Linardi, N., Herrera, C., & **Cacace, C.** (2021). A nonprofit's transition to teletherapy due to the COVID-19 crisis: Learning how to adapt. *Journal of Systemic Therapies* 40(1).

**CLINICAL EXPERIENCE**

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**Palmetto Therapy Connections**

Business Owner &amp; Lead Clinician

Licensed Marriage and Family Therapist SC# 7915 and FL# MT4161

**Greenville, SC & Remote**

January 2023 – Current

**Counseling and Wellness Center of South Florida**

Licensed Clinician

**Cooper City, FL**

2020 – 2023

**Invo Healthcare Progressus Therapy**

Licensed Clinician, School-Based

**Plantation, FL**

2021 – 2022

**Systemic Change in Schools – PROMISE Program**

Graduate Assistant &amp; Student Therapist

**Plantation, FL**

2019 – 2020

**Brief Therapy Institute**

Graduate Student Therapist

**Davie, FL**

2018 – 2021

**NSU Writing and Communication Center**

Graduate Writing Consultant

**Davie, FL**

2017 – 2019

**Broward Outreach Center**

Graduate Student Therapist

**Fort Lauderdale, FL**

Aug 2018 – Dec 2018

**Comprehensive Psychological Services**

Psychometrician

**Columbia, SC**

Jan 2016 – June 2017

**Girls Center for Intensive Residential Treatment**

Undergraduate Student Intern

**Memphis, TN**

Summer 2015

**PROFESSIONAL SERVICE**

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**Community Engagement Meetings**

Faculty Lead, Converse University and EMERGE

**Remote**

2024 – Present

**Awards Committee**

Converse University

**Spartanburg, SC**

2024 – Present

**MFT Course Activities Repository Committee**

Society for Teaching Marriage and Family Therapy (STMFT)

**Remote**

2024 – Present

**Faculty Lead**

MMFT Alumni Committee, Converse University

**Greenville, SC**

2023 – Present

**Out of Darkness Walk for Suicide Prevention**

Committee Member, Converse University

**Spartanburg, SC**

2023 – Present

**MMFT Acceptance and Belonging Committee**

Faculty Member, Converse University

**Spartanburg, SC**

2023 – Present

**Community Volunteer**

The Ladies Room SC

**Greenville, SC**

2023 – Present



**Guest Editor**

Journal of Systemic Therapies (JST)

**Remote**

2021

**Editorial Assistant**

Transylvanian Journal of Ecology

**Remote**

2018

**AFFILIATIONS & MEMBERSHIPS**

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**American Group Psychotherapy Association**

2024 – Present

**Licensed Marriage and Family Therapist (LMFT)**

LMFT 7915 (SC)

**South Carolina**

2022 – Present

**Licensed Marriage and Family Therapist (LMFT)**

LMFT MT4161 (FL)

**Florida**

2021 – Present

**South Carolina Association of Marriage and Family Therapy**

Member

2019 – Present

Student Member

2017 – 2019

**American Association of Marriage and Family Therapy**

Member; Clinical Fellow

2019 – Present

Student Member

2017 – 2019

**Privilege Accountability Group**

Member, Nova Southeastern University

2020 – 2021

**Delta Kappa Omicron MFT Honors Society**

Member, Nova Southeastern University

2017 – Present

Vice President for NSU Chapter

2022

**Marriage and Family Therapy Student Association**

Member, Nova Southeastern University

2017 – 2019

**Sigma Alpha Iota Music Fraternity**

Member, University of South Carolina

2013 – 2016

**Psi Chi Honors Society**

Member, University of South Carolina

2013 – 2016

**ADDITIONAL TRAINING**

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**AAMFT Systemic Conference****November 2024**

Ethical Challenges & Solutions for MFTs in Primary Care Environment

Healing Self & Others: Self-care and Healing Strategies for Family Therapists

Illuminating Unique Cultural Experiences of African American Individuals at the Intersection of Their LGBTQ+ Identities

Avoiding Legal Jeopardy when Working with High Conflict Co-Parenting: Part 1 & 2

Strengthening the Couple Bond in Blended/ Stepfamily Marriage: Part 1 & 2

Empowering Early Professionals: The Benefits of Mentorship

Grant Writing: Developing Competitive Grant Applications

**Dr. Sue Johnson's Intensive EFT Course****October 2024****Western PA Family Center Conference****September 2024**

Presenter & Attendee

**Surviving the Intersections****February 2024**

4 Hour Ethics Training

**SCAMFT Conference****June 2024**

Sibling Therapy

**Alvin Sherman Library****2023**

8<sup>th</sup> Annual Power of Publishing Day

**SCAMFT Presentation****2023**

Using Expressive Arts with Families and Couples

**Disruptive Event Management****2022**

<b>Florida Laws &amp; Rules for Licensure</b>	<b>2021</b>
Issues in HIV/AIDS for Florida Psychotherapists	
Issues in Domestic Violence for Florida Psychotherapists	
Florida Laws & Rules for Psychotherapy Professionals	
<b>CITI Human Research</b>	<b>2021</b>
Social Behavioral Educational Researchers Training	
<b>Seizure First Aid Training &amp; Certification</b>	<b>2021</b>
<b>Fundamentals of Therapeutic Artmaking</b>	<b>2020</b>
<b>Domestic Violence Court Training</b>	<b>2019</b>
<b>HIPAA Clinical Security &amp; Research Training</b>	<b>2019</b>
<b>APA Style Central Training at NSU</b>	<b>2019</b>
<b>CITI Human Research</b>	<b>2019</b>
Social Behavioral Educational Researchers Training	
<b>Basic Life Support &amp; CPR Certification</b>	<b>2018</b>
<b>Relational Suicide Assessment Training</b>	<b>2018</b>
Nova Southeastern University	
<b>Broward Outreach Center</b>	<b>2018</b>
Biopsychosocial Assessment Training	
Crisis Management Training	
<b>Virtus Training: Protecting God's Children from Sexual Abuse</b>	<b>2018</b>
<b>Engaging Natural Supports Workshop</b>	<b>2018</b>
Children's Services Counsel of Broward County	

**Relational Suicide Assessment Training**

**2017**

Nova Southeastern University

**Family Court System Workshop**

**2017**

Nova Southeastern University

**HIPAA Clinical Security & Research Training**

**2017**